

ILSLEY PUBLIC LIBRARY
& TRAIL AROUND MIDDLEBURY

FITNESS WALK SUMMER READING

BEGIN AT THE TAM PARKING LOT ON
CREEK ROAD. FOLLOW THE SIGNS
ALONG THE RIVER AND OVER THE
'WIGGLY' BRIDGE. ENJOY A WALK
AND CHALLENGE YOURSELF TO DO
SOME OF THE SUGGESTED FITNESS
ACTIVITIES POSTED.



July 6 - August 14

